ONLINE SAFETY ADVICE – CYBERBULLYING IN SOCIAL MEDIA

There has been a recent report in the media of another disturbing online 'game'. The alleged form of cyberbullying spreads through social media and mobile phones. It is hard to know whether these games are real, where they come from and what to do about it. Parents and teachers will undoubtedly be worried about the effects of these rumours, and whether it's real or not, it can still be scary for kids. Here are six ideas that may help:

Do Your Research

Find out and learn more about what children are getting up to while online. Find out what your child is looking at, and judge for yourself if it's appropriate.

Talk To Your Child

Knowing how to block and report inappropriate content can help to start to make a difference. Look at Thinkuknow. The website is connected to police and CEOP and offers advice that's targeted appropriately to the age of your child.

Take Them Seriously

It doesn't matter if the fear is real or proportionate, if it's scaring your child, it's worth listening.

Understand Technology

It can be hard keeping up with which app, game or social messaging service kids are using. If you want the latest on the latest technology, consider checking out parentzone. There are sections ranging from explaining the game Fortnite, to what game age ratings really mean.

Report Any Serious Risk of Harm

Take a look at the CEOP online safety centre. You can make a report to one of CEOP's Child Protection Advisors if you are worried about online sexual abuse, or the way someone has been communicating with your child online.